

## **2019 - Castles, Rivers & Constable - Tour 8E**

2019.03.15

**Ensuite accommodation** as described with full English breakfast (prices based on two adults sharing)

**Hire of hybrid bicycle** and ancillary equipment (single pannier and handlebar bag or map holder, pump, basic tools, spare inner tube & puncture repair equipment, helmet if required)

**Luggage transfer** between hotels

**Local assistance on call** (we will attend for puncture repair in Suffolk)

**Detailed itinerary with meticulously planned and researched routes** following quiet country lanes with a choice of routes available each day (usually recommended, long and short)

**Route notes, descriptions and use of good OS mapping (maps available on arrival)**

We pride ourselves on our detailed level of documentation which includes plenty of top tips for places to visit or for relaxing and sampling the local fare along the way. We post these out approximately two weeks before your stay so you can plan ahead and look forward to your gentle cycling adventure.

We have now switched the default navigation system to GPS - in our opinion this is now the most convenient method as it eliminates the need for frequent stops to check the map.

- An overview map for each of the options for each day's ride is provided together with enhanced turn by turn instructions
- We will provide one GPS unit per party on arrival and we can also provide the GPS tracks and navigation software in advance for loading onto your own smart-phone (IOS and Android). NB it is recommended that you bring a spare battery or power-bank with you should you plan to use your phone for navigation
- We will also provide OS 1:50,000 mapping on arrival as additional support to allow for any impromptu route changes

Traditional map-based navigation (using marked OS maps) is still available as an alternative upon request.

**Please note that the price EXCLUDES the cost of you getting to and from Needham Market**